



# BOSTON TAE KWON-DO ACADEMY

## BLACK BELT EXAM SHEET

Name	Belt Size	Sex	Age
Present Rank	Desired Rank		
Date of Last Exam	Date of This Exam		
<b>For office use only:</b>	Date of Birth		
<input type="checkbox"/> Paid <input type="checkbox"/> Certificate Made <input type="checkbox"/> In Computer <input type="checkbox"/> Card Sent	X _____		
Belt Rec'd: _____	Applicant's Signature (Guardian's if minor)		
Grade: <input type="checkbox"/> A <input type="checkbox"/> B+ <input type="checkbox"/> B <input type="checkbox"/> C+ <input type="checkbox"/> C			

The purposes of promotion exams are as follows:

1. To further one's knowledge of TAE KWON DO through exam preparation and exam experience.
2. Gain experience.
3. Gain confidence by performing under pressure.
4. Measure one's progress and allow one to demonstrate what he/she has learned to foster friendship.
5. Teach cooperation and organization.
6. Encourage one to achieve his/her highest goals.
7. Let a qualified examiner measure the increase in one's knowledge.

Instructor's Section	Point (1 - 5)	Basic Exam	Point (1 - 5)	Practical Exam	Point (1 - 10)
Confidence		Concentration & use of eyes		Basics	
Class Attitude		Proper Stance		One-step Sparring	
Respect of oneself & others		Balance		Sparring Form	
Dedication		Proper Speed & Flexibility		Breaking	
Discipline		Proper Strength		Falling	
Obedience & Loyalty to the Instructor		Effort		Knowledge	



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## BLACK BELT CANDIDATE *TO-DO LIST*

Submit this form with your Black Belt Exam Sheet, Test Fee and Essay

**BLACK BELT TEST DATE:** \_\_\_\_\_

Correct spelling of my name is ... \_\_\_\_\_  
Please print clearly

My Belt size is ... \_\_\_\_\_

I am testing for Dan (degree) rank of ... (circle one)    [ 1<sup>st</sup> ]            [ 2<sup>nd</sup> ]            [ 3<sup>rd</sup> ]            [ 4<sup>th</sup> ]

I wish to have **Tae Kwon-Do** printed on my belt (circle Yes or No)            [ Yes ]            [ No ]

If yes, print in letters of ... (circle English or Korean)            [ English ]            [ Korean ]

I will be taking the **\*required\*** Black Belt Pre-Test            [ Notify Mr. Fuoco via e-mail at [jf@jfuoco.com](mailto:jf@jfuoco.com) ]

Black Belt candidates are required to submit an essay of at least one page in length. A strong effort is to be made at expressing your own perspectives and presenting information not generally known by most students of taekwon-do. All essays are due **one month prior** to the actual Black Belt Test date.

1<sup>st</sup> Degree –The history and meaning of Tae Kwon-Do  
*Essay to be handed in-person to Ms. Heather Brown or e-mailed to [brown.heathah@yahoo.com](mailto:brown.heathah@yahoo.com)*

2<sup>nd</sup> Degree –What have you learned as a Black Belt? How has it affected you?

3<sup>rd</sup> Degree -- What does becoming a 3<sup>rd</sup> Degree BB mean? What are some of your goals?  
*2<sup>nd</sup> and 3<sup>rd</sup> Degree essay to be handed in-person to Joseph Fuoco or e-mailed to [jf@jfuoco.com](mailto:jf@jfuoco.com)*

A Black Belt Exam Sheet must be filled-out and turned in **one month prior** to the actual Black Belt Test date along with payment of the applicable belt fee;    1<sup>st</sup> Dan = \$50, 2<sup>nd</sup> Dan = \$75, 3<sup>rd</sup> Dan = \$100

I wish to obtain a Kukkiwon Dan certificate ...            [ Yes ]            [ No ]

Any student interested in a Kukkiwon Dan certificate must meet with Mr. Fuoco to discuss the process, paperwork and fees. It is recommended the student become a member of USAT.

<http://usa-taekwondo.us/resources/dan-certification-program>

<https://www.usat.hangastar.com/login.aspx>