

# TAE KWON-DO PHRASES & TERMINOLOGY

"Hello" -- 안녕하세요	Annyong ha shimnikka, --Pronounced: An-YOH HASHim-ni-kah
"Turn about" --	dwiro tow rah
"To the Flags, bow" --	Kuk ki ae dae ha yo, kyung-rea
"To the Master, bow" -- (if senior belt, instead of Master) --	Sabum nim Kae, kyung-rea Soon bae nim Kae, kyung-rea
"Thank you" --	Kam sahb ne da
"You're welcome" --	Choon mahn ae yo



## Commands:

attention --	chareyut
ready --	choon be
begin --	shi jak
return --	ba ro
at ease --	shio
stop --	ku mahn
continue --	kea sok
and-dja --	sit down
Iro-so --	get up

## General:

master --	sabum nim
school --	dojang
uniform --	dobok
grade --	kub
degree --	dan
flag --	kuk ki
yell --	ki hap
blue --	chong
red --	hong

## Numbers:

1 --	ha na
2 --	tul
3 --	set
4 --	net
5 --	taset
6 --	yoseot
7 --	ilkop
8 --	yodolb
9 --	ahop
10 --	yul

## Ordinals:

1'st --	il
2'nd --	yi
3'rd --	sam
4'th --	sa
5'th --	oh
6'th --	yook
7'th --	chil
8'th --	pal
9'th --	koo
10'th --	sip

stance --	sogi
kick --	tchagi
defend --	maki
protector --	hogu
fist --	jumok
attack--	tchirgui
outside forearm --	palmok
inside forearm --	pakat
front --	ap
cross --	kiotcha
jump --	timio
open hand --	sudo
front kick --	ap tchagi
side kick --	yop tchagi
roundhouse kick --	dolyo tchagi
turning back kick --	dichagi

front stance --	ap goobi
back stance --	dwit goobi
horse stance --	joo choom suhgi
walking stance --	ahp Sohgi
back stance --	dwikubi Sohgi
down block --	area makgi
head block --	oul gool makgi
mid-body block --	momtong makgi
low down-block --	hadan makgi
mid-body punch --	momtong jilugi
high punch --	oul gool jilugi
knife-hand strike --	sonal chigi